

# CITRUS SALAD







## RECIPE

### INGREDIENTS

- 2 blood oranges
- 3 oranges
- 2 mandarins
- 1 ripe avocado
- 10 large strawberries
- 1 bag of mixed green leaves
- Feta
- 1 tablespoon olive oil
- Pinch of salt & pepper
- Balsamic vinegar
- Honey

### INSTRUCTIONS

Using a peeler or a utility knife, peel all the citrus fruits whole then cut into thin slices. Do the same for the avocado and strawberries.

Now, it's time to put it all together.

Start with the mixed green leaves, then layer the citrus fruits followed by the avocado then strawberries.

Finally break the feta into small pieces and sprinkle over the salad.

In a cup add olive oil, pinch of salt & pepper, balsamic vinegar, and a teaspoon honey then mix well till you have a perfectly balanced dressing.

My advice is that each person should dress their own salad instead of dressing their entire bowl.

Serve and enjoy!