

# CAULIFLOWER!





## RECIPE

### INGREDIENTS

- 1 whole cauliflower
- ½ teaspoon smoked paprika
- ½ tumeric powder
- 1 teaspoon dry vegetable stock
- Olive oil
- Parmesean Cheese (or a cheese of choice)

### INSTRUCTIONS

Heat the oven to 180 fan force.

Rinse the cauliflower then place in a roasting pan. Sprinkle the smoked paprika, tumeric powder and vegetable stock.

Drizzle a generous amount of olive oil then then cover with the cheese. Place the dish in the oven and cook for about 30 minutes.

You want the cauliflower to be tender, almost translucent.

Serve while warm.